

Breakfast

FLAT WHITE, LONG BLACK, SHORT BLACK	4
CAPPUCINO, MACCIATO, LATTE, CHAI LATTE HOT CHOCOLATE with marshmallows	4.5
AFFOGATO, WHITE VIENNA, BLACK VIENNA, MUGACINO	5
TEA CUP Green, lemon, chamomile or peppermint	4
TEA PLUNGER Earl grey or English breakfast FOR TWO	4.5 6.5
MILKSHAKES with ice-cream: banana, chocolate, strawberry, caramel or spearmint	5.5
ICED CHOCOLATE or COFFEE	6.5
100% JUICE orange, pineapple, tomato, cranberry or a pple	4.5
SAN PELLEGRINO 500ml sparkling or still	4.5

Breakfast

FRUIT TOAST served with jam **5**

CEREAL ask for today's selection **5**

MUESLI Freshly made dried fruit seeds, berries, toasted nuts, grains and fresh strawberries served with milk and natural greek yoghurt **8.50**

FRESH FRUIT SALAD with yoghurt **6.5**

BACON & EGGS served with toast **12.5**

EGGS ON TOAST scrambled, poached or fried **9.5**

EGGS BENEDICT poached eggs on a bed of baby spinach & toast, smothered in a rich hollandaise sauce **14**

with ham, smoked salmon, bacon or avocado **16.5**

SUNBREAKERS WORKS bacon, eggs, sausage, tomato, garlic & thyme marinated mushrooms & hash browns served with toast & your choice of beans or spag **23**

VEGETARIAN WORKS Two eggs, grilled haloumi, baked beans, grilled tomato, garlic & thyme marinated mushrooms, fresh avocado, hash browns and sautéed baby spinach **19**

SMASHED AVOCADO fresh avocado, lime, rocket, feta **12**

+ eggs **4**

+ bacon **4**

+ smoked salmon **5**

CORN ZUCCHINI FRITTERS two baked corn and zucchini fritters topped with avocado, bruschetta mix and grilled haloumi **14.5**

+ bacon **4**

ULTIMATE HANGOVER BURGER Bacon, aged cheddar cheese, spinach, fried egg & relish in toasted Turkish bun with fries **14**

+ **180gm beef pattie** **4.5**

PANCAKES with whipped cream and maple syrup **12.5**

+ bacon **4**

+ berries **3**

SOMETHING LIGHT

Bacon & Egg Toastie with BBQ Sauce **9.5**

Ham, Cheese & Tomato Toastie **8.5**

Chicken, Cheese & Mayonnaise Toastie **8.5**

Mushroom, Eggplant, Sundried Tomato & Fetta Toastie **8.5**

We can cater for most allergies (GF, Lactose Free. Just ask)